



## Daily Skin Care Program

### Step 1: Cleanse with **Liquid Loofah Cleanser**

Cleanse in the evening only and rinse with only water in the morning, unless otherwise directed. Pour a small amount on fingertips, add water and gently massage into skin. *Rinse thoroughly.*

### Step 2: Mist lightly with the **Herbal Hydrating Mist**

Mist in the morning after cleansing and in the evening. You may also mist throughout the day over Ginamarie Clean Cosmetics. The Herbal Hydrating Mist is used to humidify the skin.

### Step 3: Apply a light film of the **Herbal E Oil**

This refined blend of oils will leave the skin feeling supple and moist. Use in the morning after the Herbal Hydrating Mist and in the evening as well.

### Step 4: Apply a light film of **Rejuvenation Crème**

The Rejuvenation Crème should be **used only in the morning.** This nutrient crème will protect the skin throughout the stress periods of the day. Never Rub. Allow the crème to go in on its own. The Rejuvenation Crème ***is not*** a moisturizer.

*Remember...More Is Never Better.*

### Step 5: Apply a very light film of **Nutrient Serum**

The Nutrient Serum should be applied to the skin directly after cleansing in the evening. This Serum is intended to repair surface damage as skin goes through the aging process. Shake well and apply directly to the skin. Follow up with the Herbal Hydrating Mist and Herbal E Oil.

### Treatment Use:

**Marine Mint Masque:** Use as directed once a week for 4 weeks, than as needed.

**Toning Treatment:** Use as directed once a week for 4 weeks, than as needed.

Please Note: Alternating between the 2 treatments is recommended after the directed use.

Many changes take place as the skin undergoes a deep skin cleansing process. Although these changes are expected and indicate your skin is responding to the program prescribed for you – you should not experience any discomfort. If the skin is feeling too dry or is reacting in any way that is uncomfortable to you...contact our skin center. A skin therapist will be there to help you. It may be necessary to adjust your product formula or usage to accommodate these skin changes.

There is no charge for consultation with our skin therapists...its' all part of our service to our clients.

Please don't hesitate to call or email with any questions or concerns you may have.

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